

## **Nutrition Activities**

### **Nutrition specific intervention activities**

1. Girl Iron Folic Tablet Supplementation. (GIFTS)
2. Nutrition Friendly School Initiative (NFSI)
3. Community Management of Acute Malnutrition (CMAM).
4. Koko plus Food Supplement
5. Vitamin A supplementation

### **Nutrition sensitive activities**

- Health education and counselling on Anaemia prevention
- Promotion of early initiation and Exclusive breastfeeding

Growth monitoring and promotion for children under 5.

Management of:

- Stunting
- Wasting
- Child hood Obesity
- Infant and Young Child Feeding (IYCF) counselling.

### **School based activities**

- Screening ( anaemia, weight, height for nutrition counselling)
- Nutrition Education and promotion
- Food inspection (food hygiene, preparation, serving etc.)
- WASH (education and promotion of good Water, Sanitation and Hygiene practices)

### **Diet clinic:**

#### **Non Communicable Disease (NCD)**

- Nutrition counselling and education on the management of Diabetes
- Nutrition counselling and education on the management of Hypertension.
- Calculation of BMI (body mass index) for nutrition counselling
- Management of obesity

General nutritional education and promotion at the maternity unit, Child welfare Clinics, OPD, etc. on nutrition related conditions in the district.

Monitoring and supervision in all the facilities in the Afigya kwabre south District